

ALLAMAKEE COUNTY ADVISORY BOARD

DATE: January 13, 2021

TIME: 9:00 am

LOCATION: Zoom Meeting via home computers due to COVID-19 Quarantine Orders

MEMBERS PRESENT: Jeanne Stein, Board of Health Chair; Dr. Bill Withers, Jan Ellingson, L.P.N. and Dan Byrnes, Board of Supervisor

MEMBERS ABSENT: None

OTHERS PRESENT: Mandy O'Neill- BOH Secretary, Lisa Moose- CHC, Sheryl Darling-Mooney- CHC, Jennifer Rose- Helping Services and Laurie Moody- Environmental Health

Let the audio/written minutes reflect that this electronic meeting is permissible as stated in Chapter 21 of the Code of Iowa Section 21.8

No policies to review.

Motion made by Dan Byrnes to adjourn Advisory Board Meeting, seconded by Jan Ellingson.

Adjourned at 9:03am

ALLAMAKEE COUNTY BOARD OF HEALTH

MEMBERS PRESENT: Jeanne Stein, Board of Health Chair; Dr. Bill Withers, Jan Ellingson, L.P.N. and Dan Byrnes, Board of Supervisor

MEMBERS ABSENT: None

OTHERS PRESENT: Mandy O'Neill- BOH Secretary, Lisa Moose- CHC, Sheryl Darling-Mooney- CHC, Jennifer Rose- Helping Services and Laurie Moody- Environmental Health

Board of Health was called to order at 9:03 a.m.

OLD BUSINESS:

- Motion to approve minutes from November and the special meeting in December made by Dan Byrnes and seconded by Jan Ellingson. All in favor. Motion carried.

NEW BUSINESS:

- **Election of Officers:**
 - Jeanne Stein to remain as chair and Jan Ellingson to remain as Vice Chair. Dr. Withers made a motion to appoint them as Chair and Vice Chair and Jan Ellingson seconded. All in Favor, Motion Carried
 - Jan Ellingson made the motion to appoint Mandy O'Neill as Board of Health Secretary- Dan Byrnes seconded. All in Favor, Motion Carried.

- **Jennifer Rose- Helping Services**
 - *Written report in minutes*
 - Updates in Allamakee County- Domestic Abuse Advocacy new services are stalking and dating violence advocacy and child advocacy to include a 10-session curriculum. They have a grant for family education and support in Allamakee County and the new item with this is visits with parents are no longer happening with families of children ages 0-3, the visits are being done virtually. Prevention services are with the integrated provider network grant which is subcontracted to helping services through NEIABH for beginning a 35-page county assessment workbook to gather data on problem gambling, marijuana, tobacco and alcohol use, suicide and mental health. This workbook is due the end of March. In February a community survey will be promoted through social media to put in the workbook. It will ask about substance use and their perceptions in the County. There is currently a media program targeting older adults, specifically males to try and reduce binge drinking. Presentations on problem gambling in generation RX to older adults and college students which focuses on medication use, storage and disposal. Lottery retailers received 'Responsible Gifting' campaign materials during December to remind adults that buying lottery tickets for youth puts them at a higher risk.
 - Tobacco use Prevention and control grant- Tobacco Awareness Week, My Life My Quit and Quitline Iowa grocery stuffers were placed at grocery stores around Allamakee County. They are reaching out to dental clinics throughout the county to offer cessation referral training.
 - There is a new grant – State Opioid Response 2 Grant- with a new staff member, Brooke Kunkel. The grant focuses on increasing awareness of opioid and stimulant risks and increasing access/awareness to Narcan. Brooke is currently visiting area pharmacies to discuss their Narcan program and she is meeting with local law enforcement to discuss ways to prevent the use of opioids and stimulants in the area as well as training them on Narcan.
 - Youth Mentoring Program- January is youth mentoring month. They met with Board of Supervisors on January 4, 2021 to find more mentors in the county and were approved to place yard signs, posters, and to-go stickers on restaurant take out boxes trying to find more mentors in the community. Mentor/Mentee interviews are being conducted over zoom or by phone. Virtual training on 1-19-21 from 530-630 about dangers and trends of marijuana. There are 16 matches in Allamakee County- there are also 2 boys and 3 girls on the waiting list.

- **Jeanne had everyone sign the conflict of interest form.**

- **Lisa Moose and Sheryl Darling-Mooney with Community and Home Care:** Cindy Johnson gave the report on audits for October-December 2020.
 - **Infection Control/Handwashing audit** was done on all staff in the office. Upon hire and annually home care aides go through a skills checklist with handwashing. Secretaries had a class for demonstration.

- **QAPI 4th Quarter October 2020-** All staff have monthly log sheets with a daily check in and all staff have to check temperature before starting work, at the end of their day. At the beginning of their day there is a whole list of symptoms they have to answer yes and no to. If they answer yes to any questions, they cannot see patients and need to contact their supervisor. For October, 1 staff had symptoms and was COVID tested with negative results. Another staff member developed symptoms while working and they were sent home early and tested for COVID with negative results.
- **QAPI 4th Quarter November 2020-** Three staff members that tested negative and remained off work until symptoms resolved. One staff member tested positive for COVID. They were asked to isolate and contact tracing for exposure was done and 4 clients were identified as exposed because the client did not wear a mask, all staff had their PPE on, but by definition, both parties must have a mask on to not be considered exposed. Clients families were notified and given instructions on quarantine and monitoring of symptoms. One client identified symptoms, but it was the same day of the potential exposure. Client was tested and results were negative.
- **QAPI 4th Quarter December 2020-** During surveys that were conducted, a deficiency was given pertaining to not having risk for hospitalization and advance directive information on the plan of care. Information was in clients record, but in different tabs. EMR representative was able to help with new updates. An issue with 485s completed by PRN staff who was not given instructions prior to going out and to resolve this issue for recertification or admission, the PRN staff will now know the requirements.

- Lisa Moose gave report on the end of the year report.

1)Department goals: Hospital asks departments to go through overall expenses and reduce by 10%, which is completely impossible. The staff is working extra hours and overtime.

2)Home Health Value Based Purchasing is still a program with CMS and they have good scores, allowing them a raise this year.

3)Staff and patients will continue to receive updated guidance from CDC as we navigate through the COVID-19 pandemic. Everyone is being kept updated on this.

- Skilled nursing services- 2, 652 visits were done by 6 full time and 2 part time staff. Home Care Aides did 4,754 visits with 2 full time and 2 part time aides.
- Therapy Services- OT had 226 home visits/PT had 860 home visits/Speech Therapy had 40 home visits.
- Immunization program was a bit bumpy this year due to trying to figure out the process safely with COVID. Over the past year- 984 flu vaccines were administered. 1, 027 year prior.
- Foot clinic has also been a bit bumpy, when you cannot have people within 6 feet for more than 15 minutes. The space to do this is on 3rd floor and its hard to bring all patients upstairs due to hall with the elevator is the COVID unit. It has been held during COVID, but it is difficult due to time. Elderly Waiver programs are still happening.
- Communicable Diseases were followed up on with 13 different types of reportable diseases totaling 199 cases. This will be tremendously increased this year with COVID.

- Public Screenings have also changed as they cannot get out to do blood pressures like they used to.
- Quality Assurance Evaluations- referrals for 2019-2020 were 168. Year before was 147.
- Normal routine in home care is sharing staff with big immunization clinics and now with the pandemic, the home care side is very busy with over 80 patients. Nursing homes have high 20s for a census, 50, 40. Nursing homes aren't taking patients because of COVID and so this makes home care referrals tremendous right now. The public health side is very busy as its only Lisa and Sheryl on the response team.
 - **COVID UPDATE-** Allamakee County is at 1, 254 cases. 7-day positivity rate is 10%; 14-day positivity rate is 14%. These rates are down, and we are still looking at the post-holiday period. Tier group 1A is now being vaccinated. Allamakee County was allotted 600 doses of the vaccine which arrived 12-22-20 for first line health care workers- there are 500 known in Allamakee County and many work outside the state and may get their vaccine through their employer, so we were given a little more than what we need. Healthcare, EMS- ambulance. Next week begins the booster dose for those who received their first dose. At a meeting yesterday the Tier 1B is still working on a rollout group and an hour later it was released as to what that would be- people age 75 or older, people with disabilities living in a home setting who are dependent on others, correctional facility staff and individuals, staff of individuals living in a congregate setting not covered by the first two groups. Public health data indicated outbreaks or clusters of disease in food, agriculture, distribution, and manufacturing workers who work in or live in congregate settings that don't allow for social distancing. Example: working in meat packing or manufacturing production line or migrant workers. PK-12 school staff. First responders- fire fighters, police officers and dependent adult abuse and child welfare social workers. There is a vaccine shortage, we will never get enough vaccine to vaccinate everyone in the groups. We don't know what we will be given, but with the amount we are given, 50% needs to be used on people 75 and older and then 50% to the remaining population of the tier group. They cannot do a waitlist of people waiting for the vaccine. They are relying on the media, newspaper, radio, social media sites, word of mouth and church bulletins as the means of getting people notified when the vaccine becomes available. There's a lot going on and they are stretched pretty thin. They are calling on preparedness and county partners to help. Trying to figure out how to best serve the needs.
 - Long term care facilities are signed up with pharmacy partners- Postville Good Sam is started on the vaccine series, Southcrest this week, two long term care facilities in outbreak status right now- Waukon Good Sam and Postville Good Sam. Waukon Good Sam does not have an administrator and their Director of Nursing was done on Friday, so they have an interim corporate person right now. Postville Good Same does not have a Director of Nursing right now either. Cory Snitker is reaching out to help them with PPE. Home care is helping with infection control procedure advice. Dr. Withers asked where group Tier 1B will be given and by whom. Sheryl responded that as part of the preparedness group they are tasked to have plans in place for this. It will depend on how much vaccine they are given as to how they will distribute it. If they get 400 doses

and 200 doses are allocated for 75 and older, they need to determine how to distribute it around the County. They work with other counties to seek advice. There are off site facilities in each town to utilize for mass vaccinations in each area, but it will really depend on volume. The state will take back whatever isn't used in Tier group 1A. Example: Linn County Tier group 1A needs 14,000 doses and they received 7,000. We were very fortunate to get more than what we need, as most counties did not. Sheryl states they do have some volunteers to help. Multi dose bottle with no preservative- so when vial is entered, you have 6 hours to use it which means groups of 10 before a vial can be opened. We are receiving moderna and it can be stored in the freezer and the pharmacy use refrigerator for 30 days. Second dose is 28 days later- can be longer, but not shorter. One nurse has resigned and went to the clinic- she has been replaced. No response for ad to the public health nurse- home health nurse has applied, but they cannot let her go! Statistics are showing after the pandemic that people will want to receive their care in the home, so the department will not get less busy as both sides of the organization are overwhelmed. State did mention there may be some funding coming out to help public health departments. Lisa supervises both departments and cannot be dedicated to public health like it needs to be right now. Every day starts trying to do the work from the day before! They had a nurse working only one day a week who has now resigned as well. Secretarial help has phones ringing all day, nonstop and they have to have given vaccine information in IRIS within 24 hours of giving it and administrative billing will soon be getting entered as well. If people have insurance, it will be billed, but no one will be personally charged for the vaccine. With the timing of everything, more hands are needed! There is a large number of people declining the vaccine. Herd immunity will not be reached with the decline.

○ **Laurie Moody- Environmental Health**

- Quarterly Report 2nd quarter FY2021- Laurie was out ill most of December but was able to get public water samples done as required. A total of 38 samples done this quarter. Time of Transfer- 35, which means property is still selling; 12 septic permits; 2 well permits; 2 wells plugged; 1 cistern plugged; 16 radon kits sold; 5 animal bites reported- with one turned over to Waukon PD and not getting any responses back that we need.
- Nuisance complaints- we've been working with Jill Kistler on 2/3 complaints. One is more work with the planning and zoning side versus the health side.
- Budget & Salaries- Laurie Presented the BOH with her Estimated Budget for FY22. First few line items are salaries of Officer & Other Help. Laurie has not come forward in 27 ½ years of employment to ask for more of a pay raise than what was given by the Board of Supervisors (through approval of the Board of Health), but as a 27 ½ year department head, it is a bitter pill to swallow when other department heads are being treated in a different manner. Laurie does not want it to appear that she is not very appreciative of any raises received in the past, but a 4% increase is being requested by Laurie for a pay raise in FY22. Laurie said regarding Mandy, her six-month probationary period has long passed (August 24, 2020) and the increase in her pay needs to be made official. The money for this increase is already in the current budget so it will not require any additional funds. When Melinda retired, the

EH portion of that pay was dropped down to match 50/50 with P & Z pay. Laurie is again asking that the BOH to approve the \$1,000 as discussed in past BOH meetings. Discussion took place as to when the pay increase of \$1,000 should officially begin. Dan said spreading it from effective today until the end of the fiscal year isn't the intent. The intent was to increase the current annual salary by \$1,000 retroactively to 8/24/2020 following the 6-month probationary period with recommendation of annual salary increase of \$1,000. The ability to go retroactive was questioned since the end of the calendar year has already passed. It will need to be discussed in detail with Janel in the Auditors office payroll dept on how to handle it. Jan made a motion to go back to 6-month probationary period and increase annual salary \$1,000- Dr. withers seconded. All in Favor. Motion Carried.

- Jeanne asked if Laurie will be compensated for taking on the Zoning Administrator duties and Laurie stated no, it hasn't been discussed and no word of it has ever been mentioned by the BOS. Jeanne did not feel that was right. Laurie said she has mentioned to Larry Schellhammer (BOS chairman) that Mandy had taken on the Zoning duties pretty much on her own for a lot of December while Laurie was out with COVID and that she (Mandy) needs to be compensated for her hard work doing all the Zoning issues and keeping things moving for the public that otherwise would have been held up. The Zoning Commission Chairman Jim Pladsen agrees to that. Laurie stated she recommended a minimum of a \$1,000 onetime pay to Mandy on the Zoning side to match the \$1,000 expected to come from the Board of Health side in order to keep the two departments pay at 50/50 ending FY21 and to also keep up Mandy's salary with any increases that the Supervisors approve for all staff starting July 1st for FY22.
- Laurie explained to the BOH members how pay raises have been done the last 3 years and Elected Officials were given higher percentage pay increases than those of the Appointed Officials & other staff. In FY18 Elected Officials received 4% and Appointed Officials & other staff 2.5% increases. FY 19 all employees were the same and then in FY20 the Elected Officials received 3% + \$1,500 and Appointed Officials & other staff 3%. This year the Compensation Board that recommends salary increases for Elected Officials have requested the Board of Supervisors to give the Elected Officials a 3% raise. Jeanne asked if Laurie is the only appointed department head- the answer is- there are many other appointed officials and there are also the elected officials. Jeanne asked what the differences were. Laurie stated that every Environmental Health department in the state may vary in duties from County to County-some are strictly EH others may also be Public Health, the P & Z Admin or the E911 Director or Veterans Affairs Director, etc. Appointed officials duties are unique that they can vary compared to an elected officials department. Dr. Withers asked for a summary of what Laurie is asking from the Board of Health today. Laurie said even if the supervisors would go ahead with the recommendation from the comp board to increase the elected officials 3%, Laurie would like the Board of Health to approve the requested 4% for her salary. Dr Withers asked Dan Byrnes for some clarity of the differences. Dan mentioned that the Compensation Board makes a recommendation for salary increases for elected officials to the Supervisors. A lot of employees at the courthouse are deputies of the Elected Officials and they are paid at a percentage of the elected official's salary. As supervisors, they can go along with the recommendation or do less than the recommendation, but they cannot go over the recommendation. If you take out the employees that are elected officials,

their deputies, sheriff's department employees who are under a union contract of 3% for 3 years- except for sheriff and 1st deputy, the remaining employees are the appointed officials and other staff. Some other Appointed Officials have boards much like the Board of Health to set their salaries. Emergency Management Commission that consist of 1 supervisor and mayors from all towns in the county- they set that wage; Conservation and 911 Board sets their employees wage; the remaining county employees without boards like that, the salaries are set by the supervisors. Jan made a motion for a 4% raise to Laurie's salary and Dr. Withers seconded it. Dan made comment he will not be voting due to his position on this board and as a supervisor. Those in favor- Jeanne Stein, Jan Ellingson & Dr. Withers. Dan Byrnes refrained from voting. Motion Carried.

- The rest of Laurie's budget was discussed- 2021 budget planning begins not knowing what grant to counties award will be. Every year all 99 Iowa counties are eligible for GTC funding, in the past, the number of participating counties was approximately 80 out of 99. The state has a set amount of money and divides it up evenly by how many counties apply. This past year all 99 counties decide to apply so the GTC award was only \$30,300. Laurie decided to use that number for the FY22 budgeting. DNR won't know the true amount until they certify their budgets which is around August so that grant amount might go up or down. Dan had a question about Laurie's county vehicle. Laurie said the 2008 Trailblazer is going to Pladsen's this week as it has a power steering pump out of it & it needs a new battery otherwise she felt it was not necessary to budget for a new vehicle at this time. Laurie states the rest of her budget is the same except for grant and salary changes. Budget approved- Dr. Withers made a motion to approve the budget and Dan Byrnes seconded it. All in favor. Motion Carried.

2022 Budget-Dan has a conversation about the budget line for hospital nursing contract. Supervisors met with Dr. Coyle from Veterans Memorial Hospital. At one time the hospital was county based and is now changed to hospital based. The county paid \$150,000 then \$125,000 but for the last 18 years they've paid \$100,000 a year. Going forward, the hospital is hiring another person, and Mr. Coyle is asking us to do an increase in the hospital nursing contract and there isn't any problem with that as we don't want the Board of Health to be county based, want to keep it at the hospital. Dan says Board of Health can approve the budget for now and if its going to go up, supervisors will approve. Dr. Withers mentions we are grateful to have a hospital here without a huge tax levy. Dr. Withers made a motion to approve the budget and Jan Ellingson seconded it. All in favor. Motion Carried.

- Expense and Revenue Reports for November and December- no one had questions or comments. Jan Ellingson made a motion to approve these reports as presented and Dr. Bill Withers seconded it. All in favor. Motion carried.

Board of Health Chair comments: Betty Hogan has decided not to stay on the board. Jeanne has another applicant, Lynn O'Hara, a retired nurse from VMH, who lives in Lansing.

Full audio minutes are available at Environmental Health office.

FUTURE MEETING: The next meeting for the Board of Health will be Wednesday, March 10, 2021 via zoom at 9am.

ADJOURNMENT: Jan Ellingson made a motion to adjourn at 11:15 a.m. Dan Byrnes seconded. All were in favor. Motion Carried.

APPROVED BY: _____ DATE _____

Jeanne Stein, Chairperson

MINUTES TAKEN BY: Mandy O'Neill

ALLAMAKEE COUNTY ADVISORY BOARD

DATE: March 10, 2021

TIME: 9:00 am

LOCATION: Zoom Meeting via home computers due to COVID-19 Quarantine Orders

MEMBERS PRESENT: Jeanne Stein, Board of Health Chair; Dr. Bill Withers, Jan Ellingson, L.P.N. , Lynn O'Hara and Dan Byrnes, Board of Supervisor

MEMBERS ABSENT: None

OTHERS PRESENT: Mandy O'Neill- BOH Secretary, Lisa Moose- CHC, Sheryl Darling-Mooney- CHC and Laurie Moody- Environmental Health

Let the audio/written minutes reflect that this electronic meeting is permissible as stated in Chapter 21 of the Code of Iowa Section 21.8

No policies to review.

Motion made by Dr. Withers to adjourn Advisory Board Meeting, seconded by Dan Byrnes.

Adjourned at 9:01am

ALLAMAKEE COUNTY BOARD OF HEALTH

MEMBERS PRESENT: Jeanne Stein, Board of Health Chair; Dr. Bill Withers, Jan Ellingson, L.P.N., Lynn O'Hara and Dan Byrnes, Board of Supervisor

MEMBERS ABSENT: None

OTHERS PRESENT: Mandy O'Neill- BOH Secretary, Lisa Moose- CHC, Sheryl Darling-Mooney- CHC and Laurie Moody- Environmental Health

Board of Health was called to order at 9:02 a.m.

Introductions were made to new board member, Lynn O'Hara.

OLD BUSINESS:

- Motion to approve minutes from January with corrections made by Dan Byrnes and seconded by Lynn O'Hara. All in favor. Motion carried.

NEW BUSINESS:

- **Jennifer Rose- Helping Services**
 - *Written report in minutes*
- **Sara Noack- WIC Coordinator**
 - *Written report in minutes*

- **Lisa Moose and Sheryl Darling-Mooney with Community and Home Care:**
 - **COVID UPDATE-**
 - Allamakee County is at 1, 503 cases. 7-day positivity rate is 9%. Last week Epidemiologists called and said our county has 2 cases of the UK variant in age group 0-17. They do feel the vaccine covers this variant. The state has asked for CHC to call and help with the investigation questions. The state hygienic lab sends a certain amount of the specimen to the CDC to check for variants, which is how this was found. Lisa spoke with one person who had the UK variant and they had no symptoms, they were only tested due to an exposure.
 - 3,983 COVID vaccines have been administered to Allamakee County residents. 1,182 people have received their 2nd dose. Age 65 and older population has been given 3,216 vaccines. CHC receives 300 doses of Moderna per week. CHC partners for vaccine distribution with Hartig, Gundersen Clinic, VMH and The Prescription Shoppe Pharmacy. All doses come through CHC and are allocated in 100 dose increments to the partners. They need to make sure 80% of the prime doses received in the county are administered that week. If they do not reach that goal then the County will not be allocated prime doses for the following week.
 - Last week the state contacted them and offered an additional bolus of Pfizer vaccine to distribute to manufacturing facilities where social distancing cannot be accomplished. The Prescription Shoppe Pharmacy (with assistance of Public Health staff) will be going into Agristar and Norplex next week. This week clinics are being done at other manufacturing facilities by doing closed pods at their facilities. Friday a large open clinic will be held 9am-6:30pm for the smaller manufacturing facilities who are sending employees in.
 - By the end of March all emergency personnel in the county will be vaccinated as well as the 2nd round for the school staff members. Last week the Governor opened eligibility of the vaccine for 64 years of age and younger with pre-existing conditions. There is no date in site for receiving the Johnson and Johnson vaccine. All volunteers helping during COVID clinics and call backs are signing HIPAA release.
 - **Quarter Report-** Is not available at this time due to focus on vaccination clinics.
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 - **Laurie Moody- Environmental Health** – The past few months have been busy with animal bites, looking at job sites for septic and wells, and wrapping up the zoning duties now that a Zoning Administrator has been hired.
 - **Expense and Revenue Reports-** January and February- no one had questions or comments. Dan Byrnes made a motion to approve these reports as presented and Jan Ellingson seconded it. All in favor. Motion carried.

- **Other Business**

- Laptop Warranty extension is not required, but the warranty is up. Jeanne recommended that we contact solutions and not extend the warranty. Dr. Withers made a motion that we contact Solutions and not extend the warranty; Jan Ellingson seconded. All in favor. Motion carried.
- Board Member leadership training is May 6th from 9-10:30am for \$19. This is not a requirement, but if it's something members would like to do, they are encouraged to do so.
- Mandy updated the animal bite form to highlight where the completed form needs to be faxed, which is to Environmental Health. The Sheriff's office has been receiving many of them and sometimes the Environmental Health office isn't receiving them in a timely manner. Clarification was made of all the locations to have animal bite packets.

Full audio minutes are available at Environmental Health office.

FUTURE MEETING: The next meeting for the Board of Health will be Wednesday, May 12, 2021 via zoom at 9am.

ADJOURNMENT:Dan Byrnes made a motion to adjourn at 9:42 a.m.Jan Ellingson seconded. All were in favor. Motion Carried.

APPROVED BY: _____ DATE _____

Jeanne Stein, Chairperson

MINUTES TAKEN BY: Mandy O'Neill

ALLAMAKEE COUNTY ADVISORY BOARD

DATE: May 12, 2021

TIME: 9:00 am

LOCATION: Zoom Meeting via home computers due to COVID-19 Quarantine Orders

MEMBERS PRESENT: Jeanne Stein, Board of Health Chair; Dr. Bill Withers, Jan Ellingson, L.P.N. , Lynn O'Hara and Dan Byrnes, Board of Supervisor

MEMBERS ABSENT: None

OTHERS PRESENT: Mandy O'Neill- BOH Secretary, Lisa Moose- CHC, Sheryl Darling-Mooney- CHC and Laurie Moody- Environmental Health, Jen Rose- Helping Services, Kiane Smith-VNA, Cindy Johnson- CHC, Gene Alberts

Let the audio/written minutes reflect that this electronic meeting is permissible as stated in Chapter 21 of the Code of Iowa Section 21.8

No policies to review.

Motion made by Dan Byrnes to adjourn Advisory Board Meeting, seconded by Jan Ellingson.

Adjourned at 9:01am

ALLAMAKEE COUNTY BOARD OF HEALTH

MEMBERS PRESENT: Jeanne Stein, Board of Health Chair; Dr. Bill Withers, Jan Ellingson, L.P.N., Lynn O'Hara and Dan Byrnes, Board of Supervisor

MEMBERS ABSENT: None

OTHERS PRESENT: Mandy O'Neill- BOH Secretary, Lisa Moose- CHC, Sheryl Darling-Mooney- CHC and Laurie Moody- Environmental Health, Jen Rose- Helping Services, Kiane Smith-VNA, Cindy Johnson- CHC, Gene Alberts

Board of Health was called to order at 9:03 a.m.

OLD BUSINESS:

- Motion to approve minutes from March with corrections made by Jan Ellingson and seconded by Dan Byrnes. All in favor. Motion carried.

NEW BUSINESS:

- **Jen Rose- Helping Services:** Domestic abuse advocacy services offer a 24 hour resource line, transitional housing, and advocacy for survivors of domestic abuse as well as family education and support program with family educators for children ages birth to three years old for developmental screenings. In April they held a diaper drive and received an estimate of 5,291 diapers, 2,000 wipes and \$775 donation. Prevention Services works with the integrated provider network grant that has been subcontracted through Northeast Iowa Behavior Health.

Community Assessment workbook has been worked on with the grant on 7 priority areas that IDPH gave, which Jean Bossom has worked on in the past and this one is a little bit different. Data sources are based on- county description with demographics, socio economic status, a description of the county and county issues- data was collected from many County resources and a focus group with Jean Bossom and the Coalition. Comparison took place of how Allamakee County compares in the state for alcohol use, youth marijuana use, youth tobacco use, methamphetamine, prescription medication and opioids and suicide.

- Has been working with employers on a drug free workplace.
 - Tobacco use prevention and control grant has an ask, advise, and refer cessation training that was provided to staff at a dental clinic in Allamakee County.
 - SWAT is the youth group in Waukon High School, and they are looking for student recruitment next year.
 - State opioid response grant is currently providing treatment for stigma associated with substance use disorders, psycho stimulants and opioids. This was advertised in the Waukon Newspaper in May.
 - Youth Mentoring grant has 15 matches which is really good. There are four boys waiting for a mentor from New Albin, Waterville, and Waukon. Zero girls on the waiting list.
A full paper report is available in the Environmental Health Office.
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- **Kianne Smith** with Visiting Nurse Association- Oral health update status in Allamakee County- COVID prevented them from doing direct services for five months. Now they have been in the schools in Allamakee County for screenings. A sealant clinic was held in Postville in March with 50% participation and hoping to bump that rate up next year. May 1, 2020 to present, 161 screenings were done including head start, preschool, and WIC clinic. Medicaid changes are coming July 1 to become an MCO for dental, which is like health insurance and this will be a big change for everyone. Schools were not required to submit dental audits this past year with COVID, but they are required to send them this year. Dr. Linda Carstens sees referrals for high-risk children or children on Medicaid otherwise they go out of county to Dr. Fencil in Decorah. Jeanne asked about going to schools other than Postville and Kianne said in order to go to a school they have to present as 40% or above poverty rate to qualify for free and reduced lunch. Postville is the highest needs school in the County. Educations are done at all schools, but not the sealant program.
 - **Jean Bossum**- Written report emailed to everyone. Supervisors have cut her hours to 20 hours per week this next fiscal year. Currently working on updating ASAP logo.
 - **CHC Report**-
 - **Cindy Johnson**- Audit for recertification survey & deficiency on individualized plan of care. Continuing to monitor info that is required to be on the individualized plan of care. It requires making sure they have underlying risk factors for ER visits & hospitalizations as well as clients advance directive information. Results of the audit- January 93% completion rate; February 100% completion rate; March 93% completion rate. QAPI 4th quarter December 2020- staff does complete temperatures before shift and questions from IDPH- if there are any concerns, they notify a supervisor. Month of

December there were 17 staff completing log sheets. One staff member tested negative for COVID- had symptoms all month of December and providers felt it to be seasonal allergies. One staff who tested positive in November, completed isolation and came back to work in December.

- **January-March audit:** 100% completion all three months. Three staff members had symptoms after receiving COVID 19 vaccine.
- **Quarterly Report January-March.** Have seen people with COVID symptoms well after their isolation period having more long-term effects of weakness and shortness of breath requiring therapy and more nursing help in the home. Therapy visits are high this quarter. Home health side and vaccination numbers are both up. Iowa Public Health Leadership Academy is having trainings on May 3rd and June 7th. A meeting was held with Erin Barkema at the state level and the Public Health Service grant is being extended another year, so another application won't be necessary. Projection grant is \$46,072. B117 UK variant and P1 Brazilian variant have both been confirmed in Iowa; Brazilian variant not in Allamakee County yet. State Hygienic Lab is doing sequencing checking for variants. Allamakee County 7-day positivity rate is 7%. 1,564 cases. 33% Allamakee County residents fully vaccinated.
- **Vaccinations-** Younger age population is the current trend for those infected with COVID 19. Vaccine vials are 10 doses- once vial is entered, they have 12 hours to use it up so hoping single dose vials will be developed. Pfizer will be learning this week if they will be available for the 12–15-year-old age group for emergency use authorization. Hartig does have Pfizer available now through a federal program. Shelf life of the vaccine is short. If adults aren't getting vaccinated, they aren't going to bring in their adolescent child to be vaccinated. Vaccine clinics are available every Friday afternoon. Booster clinics coming up in Lansing, Waukon & Postville. Held an open clinic in the evening in Postville last week where 60 people received the vaccine. Volunteers have been a huge help. Jeanne proposed the question of providing vaccines at churches. Vaccines are being given outside of Allamakee County to our county residents due to working or doctoring in Wisconsin or Minnesota. Lisa drove out to the Amish Communities, the Hispanic grocery store in Postville and the Rabbis in Postville asking a day and time to vaccinate their communities. Spoke with them about the variants and educating. An Immunization Grant was received for \$97,000 state gave for a six-year project. Half of the money has to be spent on community-based organization, so we need to get out there and reach these organizations. Jeanne asked about writing letters to the editor for vaccine promotions. Cheryl states they've been working with public relations and plan to have something out in the next week or so. Communicable disease total follow up was 1,376. Blood Pressure clinics may allow for COVID vaccine or flu vaccine with it.
- **Emmett & Imelda Nesteby** application for a septic variance at 2176 Hwy 26 Unit 13 Lansing, IA. Gene Alberts, son of Imelda, is on our Zoom meeting today on behalf of the Nesteby's. Laurie presented the request: The home is for sale and the TOT septic inspection failed so a new septic system will need to be installed on a rather small lot. The old septic tank was not pumped out as routinely as it should have been so the drain field pipes were plugged & not able to evaporate laterally outward into the soils. Also, the sellers had built a small-2 course retaining wall in their

parking area over top of the drain field to increase the parking, but in doing so they crushed the drain field lines that were installed there. Because of the small lot, there is no ability to install a traditional septic system therefore an alternative system will need to be installed. The drainage area under the parking lot/retaining wall will need to be opened back up by moving the parking area west by 8'-10' in order for drainage lines from the new treatment system to be installed. Alternative systems take up much less area and are given some allowances by DNR on separation distances from a well. The septic tank is required to be 50' from a well-this variance is asking for 15' of relief (so at 35' off) from the well and the both the septic tank & drain field are to be 10' from a property line. This variance is requesting 7' of relief from the septic tank & treatment device from the property line (so at 3' off). The seller is going to lose some of their parking area & yard to get the alternative system installed. After secondary treatment is done, I don't want to get too close to the Hwy 26 embankment in the event of heavy rain fall or snow melt plus the septic water being put into the soils, I don't want the hillside to slide to the state highway ditch. The current concrete tank and & failed drainpipe will be demolished. A water sample was recently done and the well tested safe. Sherri Strub is the Nestebys next door neighbor and is ok with the encroachment towards her lot line. Without a functional system, house isn't livable or sellable, so it was agreed to install this type of system. **Dr Withers made motion to approve variance/ Dan Byrnes seconded. All in favor. Motion Carried.**

- **Laurie Moody- Environmental Health** third quarter report January through March has been slower as far as sewers and wells. TOT inspections have been put on hold because of winter and inspectors are now catching up. With each septic permit distributed, people are educated on proper usage because if it fails and they don't have space, it is costly to replace the system. Quite a few water samples took place this quarter. Have had some complaints requiring Laurie and Zoning Admin to go out onto job sites together. Swimming pools aren't open yet, but inspections will be taking place soon. Only Postville YMCA and Lansing pool were open last summer. Sold 12 radon kits this quarter. 5 animal bites with zero positive for rabies. Grant to County has about \$13,000 left to spend for FY21. All people who deal with wells have been advised if they have old wells or cisterns, they need to get them plugged. When we turn money back into GTC there's concern we won't qualify for money the next year. With the state shutting down septic pumper inspections with COVID, all but one is done. . Laurie just attended CPO (Certified Pool Operator) training in Cedar Rapids and has passed her state test, so she is now certified for five more years to be a pool inspector/operator. On February 24, 2021, Mandy completed her one year work anniversary and received her probationary pay from the previous fall. Mandy was also approved by the BOS to receive a onetime \$1,000 stipend from the Planning & Zoning budget for her hard work in the absence of a full time Zoning Administrator. Stephanie Runkle has been hired as the Zoning Administrator and her and Laurie are working on many properties together. She is energetic and willing to learn. Laurie says thank you to the BOH members for the pay increase approval!
- **Expense/Revenue Reports-** March and April- no one had questions or comments. Dr. Withers made a motion to approve these reports as presented and Dan Byrnes seconded it. All in favor. Motion carried.

- **Other Business-** Discussed resuming in person meetings and using the board of supervisor's room for in person and zoom option to both be used. Everyone felt it best to continue using zoom meetings for the future.

Full audio minutes are available at Environmental Health office.

FUTURE MEETING: The next meeting for the Board of Health will be Thursday, July 8, 2021, via zoom at 9am.

ADJOURNMENT: Jan Ellingson made a motion to adjourn at 10:43 a.m. Lynn O'Hara seconded. All were in favor. Motion Carried.

APPROVED BY: _____ DATE _____

Jeanne Stein, Chairperson

MINUTES TAKEN BY: Mandy O'Neill

ALLAMAKEE COUNTY ADVISORY BOARD

DATE: July 8, 2021

TIME: 9:00 am

LOCATION: Zoom Meeting via home computers

MEMBERS PRESENT: Jeanne Stein, Board of Health Chair; Dr. Bill Withers, Jan Ellingson, L.P.N. and Dan Byrnes, Board of Supervisor

MEMBERS ABSENT: Lynn O'Hara

OTHERS PRESENT: Mandy O'Neill- BOH Secretary, Lisa Moose- CHC, Laurie Moody- Environmental Health, Jen Rose- Helping Services, Kayla Kraemer, Vicki Gassman

Let the audio/written minutes reflect that this electronic meeting is permissible as stated in Chapter 21 of the Code of Iowa Section 21.8

No policies to review.

Motion made by Dan Byrnes to adjourn Advisory Board Meeting, seconded by Jan Ellingson.

Adjourned at 9:04 a.m.

ALLAMAKEE COUNTY BOARD OF HEALTH

MEMBERS PRESENT: Jeanne Stein, Board of Health Chair; Dr. Bill Withers, Jan Ellingson, L.P.N. and Dan Byrnes, Board of Supervisor

MEMBERS ABSENT: Lynn O'Hara

OTHERS PRESENT: Mandy O'Neill- BOH Secretary, Lisa Moose- CHC, Laurie Moody- Environmental Health, Jen Rose- Helping Services, Kayla Kraemer-NEICAC, Vicki Gassman- VNA

Board of Health was called to order at 9:04 a.m.

OLD BUSINESS:

- Motion to approve minutes from May with one addition about meeting via zoom made by Dan Byrnes and seconded by Dr. withers. All in favor. Motion carried.

NEW BUSINESS:

- **Jen Rose- Helping Services:**
A full paper report is available in the Environmental Health Office. Domestic abuse advocacy services report offers a 10-session curriculum on child advocacy. Family Education Support is available for children ages birth-three offering developmental screening and connections to community resources. Prevention services grants- a lot of the grants utilized ended the end of June and so the new fiscal year grants are beginning. Integrated provider network grant- they are subcontracted through Northeast Iowa Behavioral Health. Think before you drink campaign implemented and reached 62,961 people in 5 counties through facebook and newspaper ads with a target audience of middle-aged adult males. 27 employers received information on drug

free workplace policies. 16 adults received presentations on Generation RX which is safe medication practices, storage, usage, and proper disposal of medications. 11 adults in Allamakee County took part in presentations on problem gambling and local resources. 12 lottery retailers received responsible gifting. Tobacco use prevention & control wrapped up in June and July started a new year. Some goals for the year are to increase awareness for youth cessation program-My life, my quit and increasing the number of nicotine free workspaces around the county. Statewide opioid response too grants are new this year. They provided trainings for substance abuse disorders. Youth mentoring- radio ads, screenings continuing training on alcohol trends with 69 attendees. 14 youth mentor matches- 4 boys/1 girl waiting for mentor from New Albin, Waterville & Waukon. One match closed due to mentor's schedule becoming too busy.

- **Vicki Gassman-Visiting Nurse Association**

A full paper report is available in the Environmental Health Office. Maternal child adolescent health coordinator and tobacco work. They have two offices in Elkader & Dubuque, covering 8 counties. Child health 3-month report available in Environmental Health office. Services offered are care coordination, informing processes, developmental and dental screenings at WIC clinics for uninsured and Medicaid children. 80% of the newly enrolled children on Medicaid were contacted in the last year for informing, meaning a follow up call is made to be sure they have exams scheduled. WIC clinics occur twice per month in Postville and numbers are slowly going up with COVID. The maternal health program is for any person pregnant, and they offer social/emotional support and offer home visits for resources. Telehealth visits are offered, but the state is preferring in person visits to establish relationships. HAWK-I- presumptive eligibility services are for anyone needing health care coverage. First five is for developmental screenings and referrals are made from primary care doctors. A case worker will work with the family for connections to Keystone, Child Health Specialty clinics or any other agency offering whatever services they need. Jeanne had a question about data collected during COVID shutdowns with concerns of connecting with families in need. Vicki states they connected via anecdotal notes for families in hardship with job loss, rent & utilities payments. Very good communication was kept with clients during care coordination visits. They did notice more referrals for mental health counseling sessions and transportation was a primary issue. The state did offer five free counseling sessions. Secondly interpretation was an issue due to things being lost in translation with the language line.

- **Kayla Kraemer- Health Programs Educator for NEICAC**

A full paper report is available in the Environmental Health Office. Teen birth rate in Iowa is 14.1 per 1,000 females between ages 15-19. Allamakee County teen birth rate is 10 per 1,000, which is down 38% from 2011. STI rate (chlamydia, gonorrhea, and syphilis) for Iowa is 508 cases chlamydia per 100,000 and 168 cases of gonorrhea per 100,000. In Allamakee County STI rate is less than 6 cases per disease in 2015, which is most recent data. With students being served during the last quarter April-June- there are 169 students whom received a full implementation in Iowa, with 22 being in Allamakee County. 270 students received topical programming on human trafficking, STDs, birth control and teen pregnancy, with 58 students from Allamakee county. Simulated lesson on teen dating and violence were held for the 6th &

7th graders at ACSD. 17 EACSD 7th & 8th graders received STD education, which was a new school district to serve. They do still utilize zoom to keep contact with students, if need be, but they are happy to be able to get into schools for in person meeting. Dan asked about subcontracting- parent share and support covers Fayette County only; Kayla covers other 7 counties.

- **CHC Report- Lisa Moose** IDPH is turning to the recovery phase of the COVID pandemic. Response and reporting efforts are changing. Effective July 1, case investigation will no longer be done on each individual positive person. It will only be happening on the more vulnerable population and outbreaks such as long-term care facilities. Test Iowa clinics will be ceasing operation by July 16. CHC is going to be a specimen pick up site for saliva tests and VMH lab will be doing nasal samples. State of Iowa coronavirus site will be updating every Wednesday with positive case analysis, deaths, vaccines, and hospital information. Delta Variant has been in Iowa since May 4th. 5% positivity rate in Allamakee County for total cases of 1,605- 52 deaths- 38.5% vaccinated. VMH clinic did youth physicals and they were able to vaccinate some teens there. Nurses are encouraging vaccines and more messaging is being done such as at Allamakee County Fair. Vaccines are offered to homebound clients, and we are reaching out to our Postville Community to attend their school registration. Erin is working on obtaining personal experiences with Covid that people are willing to share with the Community. The State Hygienic Lab is currently sequencing positive tests, looking for Variants. If a fully vaccinated person tests positive for Covid then the 10-day quarantine is required for them.
- **Laurie Moody- Environmental Health** GTC award FY22, beginning July 1, 2021- June 30, 2022, will be \$40,400. FY21 \$30,300 was available, and all was used with the exception of \$4,100 as it was a considerably slower year with COVID and property owners not wanting others in their homes, and bars & restaurants closing down resulting in overall less water samples being done. Hoping this year to plug more wells and have more water samples completed. The availability of funding has been increased for well rehabbing- still needs to qualify and test good. If its an old windmill based well with a huge cistern and if it tests good, we can work on rehabbing by taking windmill and cistern out, dropping the casing underground to a pitless unit and bringing that into the house, putting a new sanitary seal at ground level. GTC award is \$1,200 if a well qualifies. Windmill wells with stovepipe type casing don't qualify. We've had old wells when it was so dry with bad water samples and high amounts of E coli totals this past year. Even a slight amount of E coli, homeowner receives a call from our office telling them not to drink the water. A normal test result is less than 1 mg/l and we've received many tests in triple digits. The expense to drill a new well is \$50-\$55/ft.
Septic update-Sites along river have little to no room on their lots and people are wanting to sell which is resulting in TOT inspections failing. As a board of health, you will be seeing more variances in front of you. We have one in Heitman's right now that we have to have a carpenter crew come in and remove a carport to even get a machine in there to dig a hole to set a holding tank. Most likely the holding tank will need to be lifted with a crane to get it at the level needed. This customer is looking at a \$30,000 expense in her septic just to sell her property. The well is in the middle of her basement, so we can't get 50' from the well and holding tank.

- **Expense/Revenue Reports-** May & June- no one had questions or comments. Dan Byrnes made a motion to approve these reports as presented and Jan Ellingson seconded it. All in favor. Motion carried.
- **Other Business-** Discussed resuming in person meetings and using the board of supervisor's room for in person and zoom option to both be used. Everyone felt it best to continue using zoom meetings for the future.

Full audio minutes are available at Environmental Health office.

FUTURE MEETING: The next meeting for the Board of Health will be Wednesday, September 8, 2021, via zoom at 9am.

ADJOURNMENT: Dr. Withers made a motion to adjourn at 9:57 a.m. Dan Byrnes seconded. All were in favor. Motion Carried.

APPROVED BY: _____ DATE _____

Jeanne Stein, Chairperson

MINUTES TAKEN BY: Mandy O'Neill